



Name	ID1	Gender	Age	Weight (kg)	Height (cm)
Company	D.O.B.	ID2	BMI (kg/m2)	Smoke	Smoking Years Cig/Day
Occupation	Operator	Physician			
Ethnic	Room	Set			
		Harris Benedict (Resting Metabolism)			

Canopy (REE Canopy)

@ 9:20 AM

Test Information

Test Time:	9:20 AM	Sedation:	N/A	RH Amb (%):	52
Test Duration:	16:10	Test Position:	Undefined	RH Flow (%):	52
AVG REE Duration:	11:10	Test Purpose:	None	Flowm. Temp. (°C):	21.0
AMR (kcal/day):	-	Flowm. Calib. Date:	3/15/2019	BTPS Exp (---):	1.1167
UN (g/day):	-	Flowm. Calib. Time:	8:15 AM	BTPS Ins (---):	1.1167
Daily Intake (kcal):	-	Gas Calibration Date:	3/15/2019	STPD (---):	0.7323
Body T (°C):	-	Gas Calibration Time:	8:14 AM		
Fasting Period:	N/A	Flowmeter:	Turbine 18mm		
Resting Period:	N/A	Amb. Temp. (°C):	21.0		
Agitation:	N/A	PB (mmHg):	679		



Interpretation:

Resting Metabolic Rate (RMR) is the rate at which your body burns energy when it is at complete rest. This value can be used to estimate daily energy expenditure.

Confirm Report

Signature: _____

Metabolic	Meas.	Pred	% CV	Class
RMR	kcal/day	1597	1397 4.6	Fast
RQ	---	0.83	0.85 3.3	
VO2	mL/min	230	199 4.5	
VCO2	mL/min	192	169 5.7	
Ventilatory	Meas.	% CV		
VP	L/min	36.9	0.2	
FeO2	%	20.10	0.2	
FeCO2	%	0.75	5.4	
Substrates	Meas.			
FAT%	%	57.1		
CHO%	%	42.9		
PRO%	%	0.0		

This is the percentage of energy (kcal) that comes from fats and carbohydrates (CHO).

Name	ID1	Gender	Age	Weight (kg)	Height (cm)
D.O.B.	Set				
Harris Benedict (Resting Metabolism)					

