

## Kinesiology Departmental Honors Contract Application

- This form should be used by students pursuing Departmental Honors only.
- Completed and signed applications are **due by the end of the first week of classes**.
- Departmental Honors contracts are only available for junior-senior level courses (3000 level or higher) taught by faculty members (not TAs, adjuncts or part-time instructors).
- Frequent, regular meetings to review progress (e.g., biweekly ½ hour meetings) are required.
- A grade of B is required in the course to receive Honors credit; a B- or less receives regular credit.
- Students must have  $\geq 3.0$  GPA and may only complete two contracts during their academic career.
- All items and signatures are required unless otherwise noted; incomplete application will be returned.  
**Please type information (except signatures) if possible.**

Name: \_\_\_\_\_ Banner ID: \_\_\_\_\_

App State Email: \_\_\_\_\_@appstate.edu Phone: (\_\_\_\_) \_\_\_\_\_

Expected graduation term: \_\_\_\_\_ First semester at App State: \_\_\_\_\_

Cumulative GPA: \_\_\_\_\_ GPA of previous semester: \_\_\_\_\_

Have you completed an Honors contract previously?        No        Yes (Max of two Honors contracts)

If yes, provide the course number and semester: \_\_\_\_\_

Proposed contract course number and dept. (e.g., KIN 3002): \_\_\_\_\_

Title of course: \_\_\_\_\_ Semester enrolled: \_\_\_\_\_

Instructor's name: \_\_\_\_\_

Instructor's faculty title (e.g., Assistant Professor): \_\_\_\_\_

Instructor's App State email: \_\_\_\_\_@appstate.edu

Reason for contracting *this specific course* and how work fits with your Honors curriculum and future goals:

Please list any prior Honors courses and any other relevant courses to the proposed Honors contract:

<u>Department, Number &amp; Name</u>	<u>Hours</u>	<u>Semester</u>	<u>Grade</u>
<i>Ex: KIN 3350 Introduction to Motor Behavior</i>	<i>3</i>	<i>Spring 2025</i>	<i>A-</i>

Honors contracts require both quantitatively and qualitatively more work from the student, usually 10-15% additional effort beyond standard course requirements, such as additional reading, writing, researching, presenting, etc. (or combination) appropriate to the course. **The students and instructor must meet regularly outside of normal class meetings to discuss the Honors work.** Ideally, this should be every other week for at least 30 minutes.

Specific schedule of frequent, regular meetings between student and instructor *outside* of class (**required**):

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<b>Honors Contract Activities:</b> Please specifically describe the extra effort required for the Honors contract- identify the length of papers, scope of extra projects, etc. Enter "N/A" if not applicable.
Literature and/or library research
Laboratory research activities or computational activities
Presentation at a disciplinary meeting or authorship/ co-authorship of a submitted publication
Poster or oral presentation at a departmental gathering, class meeting, or undergraduate research day
Other activities, such as grant writing, service learning, or community-based research

I agree to these Honors contract requirements. I will contact the KIN Departmental Honors Director if these requirements are not met.

\_\_\_\_\_  
Signature of Student (**required**)

\_\_\_\_\_  
Signature of Instructor (**required**)

**Students must submit this completed form with signatures the KIN Departmental Honors Director**  
Incomplete applications will be returned.

<b>Honors Director Use Only:</b> ____ Approved ____ Denied ____ Returned to student because:	
_____ Signature of KIN Departmental Honors Director	_____ Date

## Honors Course Contract Guidelines

The purpose of an Honors contract is to permit a student to take an enriched course to meet Honors requirements.

This form is the contract between the student and instructor. It specifies what work above and beyond the standard course requirements will make the course an Honors experience, and indicates the criteria upon which the student's performance will be evaluated.

1. **Honors contract applications are due by the end of the first week of classes.**
2. Honors contracts require approximately 10-15% more work than the regular course requirements. Examples of additional work can include:
  - A. Reading and writing assignments that extend qualitatively (and possibly quantitatively as well) beyond regular course expectations.
  - B. Opportunities for in-class student presentation of research performed independently under the professor's guidance, when other students are not required to present.
  - C. Library, laboratory, or computer work that the faculty member considers an Honors-level experience to foster greater student understanding of the course material.
  - D. Involvement in special events such as travel, lectures, performances, or other creative activities for which the student will give formal account to the instructor.
  - E. Other activities as determined by the professor and student.
3. **The student and instructor are expected to meet regularly and frequently outside of class to discuss the Honors work. Ideally, this should be at least every other week for at least 30 minutes.**
4. Junior-senior (3000-4000) level courses that are not usually offered as an Honors section can be contracted. Freshmen-sophomore or introductory level courses are not acceptable for contracts except in very unusual circumstances, and not without prior permission from the Honors College.
5. Only courses taught by full-time faculty members can be contracted. Courses taught by teaching assistants, part-time faculty, or those listed as Staff, are not eligible for an Honors contract.
6. In departments or colleges with Honors programs, students must meet any departmental/college requirements for Honors contracts and be approved by the department/college Honors director.
7. Students must have a  $\geq 3.0$  GPA for an Honors contract.
8. A grade of B+ or better in the course is required for Honors credit; regular course credit only is awarded for grades of B or less.
9. Students may only complete two Honors contract courses during their undergraduate careers at ASU.
10. Emails will be sent to both the student and instructor once the contract has been processed and approved.
11. Honors credit will be added to the course 1-2 months **after** final grades have posted. The Honors designation will appear on the final transcript.

Questions? Contact Dr. Jennifer A. Kurtz, KIN Honors Program Director, at [kurtzja@appstate.edu](mailto:kurtzja@appstate.edu).